

Sandy Morvillo: Boot Camp Instructor

Sandy grew up in Maine. She received her undergraduate degree in Business at Bentley College. She began teaching fitness classes in college.

Sandy went to the Massage Institute of New England and became a CLMT. She had her own practice for 15 years in Waltham.

Sandy has been teaching Fitness classes and working as a Personal trainer for 20+ years. She has certification through AFAA, ACE and various other programs.

Before having children, Sandy sky dived, bungy jumped and kickboxed. Her dream is to go with her family to Africa on a real safari.